



## Rochester Marathon On Course Water/Nutrition/Porta-Potties

Full Course Mile # (approx.)	Half Course Mile # (approx.)	Water Stop Location	Porta-Potties	Water	Electrolyte Drink	Energy Gel
START	START	Maplewood Drive in Maplewood Park	Yes	Yes		
2	2	Lake Avenue by Riverside Cemetery	Yes	Yes		
4 ½	4 ½	Turning Point Park – on river path before Petten	Yes	Yes	Yes	
6	6	Thomas Avenue (across from St. Paul Fireman’s Exempt)	Yes	Yes	Yes	Yes
8	8	St. Paul & Winchester (across from gas station)	Yes	Yes	Yes	
9 ½	9 ½	Cornell Cooperative Extension Lot	Yes	Yes	Yes	
11 ½	11 ½	Maplewood Park Rose Garden	Yes	Yes	Yes	
14		Lake Avenue by Riverside Cemetery	Yes	Yes	Yes	
17 ½		Turning Point Park – on river path before Petten	Yes	Yes	Yes	
18		Corner of Lake Ave/Pattonwood	Yes	Yes	Yes	
19		Thomas Avenue (across from St. Paul Fireman’s Exempt)	Yes	Yes	Yes	Yes
20 ¾		St. Paul & Winchester (across from gas station)	Yes	Yes	Yes	
22 ¼		Cornell Cooperative Extension Lot	Yes	Yes	Yes	
24		Maplewood Park Rose Garden	Yes	Yes	Yes	
25	12	Brewer Street (By RG&E plant)	Yes	Yes	Yes	
FINISH	FINISH	FINISH LINE – Frontier Field	Yes	Yes	Yes	

### Relay Stops (water for relay members only):

		O’Rorke Bridge	Yes	Yes		
		Maplewood Drive in Maplewood Park	Yes	Yes		